Poly Swimmer Named To Pan-American Team

Eugene Lens, Cal Poly's busy swimmer, has qualified for competition in the Pan-American games which start in Chicago later this month.

At the recent trials held in Michigan, Lens smashed the 440-yard freestyle American record with a 4:18.5 time. He set the record time in the preliminaries. The previous mark was 4:18.9 set in 1958 by John Marshall of the New Haven Swim Club. However, in the finals, Lens, a Santa Maria resident, took the second place behind George Haypen of Palo Alto who knocked one second off the record on the preceding day by Lens.

Lens, who holds seven Mustang swim records and four California state swimming standards, also placed for Pan-American competition when he took a third in the 100-yard event. Winner was George Haypen and Lens tied with Alan Rensler of Indianapolis in second place.

The Cal Poly swimmer has already been selected to the American swim team and this year, awarded the 1959 Horse trophy at Cal Poly which goes to the outstanding athlete on the Mustang swim team.

Payton Jordan Trains Runners Under Unique Track Program

By Bob Poseo

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Friday, Aug. 14, 1969

Former Workshop Chairman Returns: Relates History
By Mike Hibbard (Mission SLO)

Bill Lopez, one of the founders of the workshop, is on campus for the 1969 workshop.

In addition to his association with the workshop, Lopez is the former commissioner of athletics for the Los Angeles City Schools, is on the Southern California committee for the Olympic Games, and is chairman of the Advisory Council of the Los Angeles Examiner and Scholarly Sports Association.

In an interview, Lopez says that the workshop was founded in 1958 by Hal Youngman, then an Van Nuys High School journalism teacher. It was held in May and was an occasional seven-day workshop. However, World War II curtailed the activities.

After the war the workshop was resumed at Cal Poly in 1947, just one month before the workshop was about to open. Youngman died. Lopez then became chairman of the workshop and continued in that capacity until 1961.

The post-war workshop is run on a much more informal basis than before. Classes in all phases of physical education are offered in the workshop, since 1946, women have attended.

The coaches and teachers annually renew friendships at Poly. A complete list of all articles on specific activities is available.

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State Physical Fitness Program Serves As Model For Nation

By Tom Weaver Jr. (Ventura)

"Today's average American is not kept physically fit as his forebears due to our mobile society and the increasing use of automobiles. "

"Health is necessary for a good President Dwight D. Eisenhower personnel, measurement programs, and numerous other activities are being performed by the Youth Fitness Program. Although physical fitness was one of the main goals for the third term of Eisenhower, it is not a one-week program. Members of the State Bureau are busy carrying out the program in the schools. At schools, f. u. a. organizations, and through the many means of publicity available.

The bureau puts out a bulletin of the program in the physical fitness league. It is not the point out the weak but to improve them taking part. It is our hope that through today's youth we will have a healthful adult of tomorrow, composed of a. j. b. majors, executive secretary-treasurer of the California Association for Health, Physical Education and Recreation, recently.

New Activity Calendars Prepared For Fall Sale

The print shop will have the activity calendar on sale again this year, according to Neil Carpenter, printing engineer. The calendars are available for the State Department of Education, the City of Los Angeles, the local school districts, and the State Bureau of Health. There will be 3,000 copies which are $2.00 each. The price will be $2.00 if purchased from the student association and 40 cents if bought at the State Office.

Contents will not hit the yearly targets of 30,000. Each calendar contains dates, holidays, dates for public activities, and the scheduled events. The calendars are a great gift for general a new student should know.

Repetition Doesn't Insure Learning

By Ralind Johnson (Upland)

"Pure repetition in exercise, skill or drill does not insure the learning," says George Elsegren. San Diego State's basketball coach has managed to create basketball coaching portrait of the successful coach and realistic Mr. Elsegren.

For 11 years San Diego State College, Coach Elsegren has followed the slogan, "Mistakes, rather than repetition, is the means to learning." Special practice drills, rather than repetition, are followed under Elsegren's direction. Daily practice sessions at San Diego State College are modelled after the national Operation Fitness-U. S. A. program administered by the American Association for Health, Physical Education and Recreation. The California Association for Health, Physical Education and Recreation, recently.

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Food Processing Plant Scheduled For 1960

Construction of a $2.5 million new state plant to process French fries is scheduled for 1960, according to a report from the state food marketing committee on agriculture.

According to Senator A. A.

Bennett, Chairman, Long Beach, and Los Angeles County, an interim committee will hold a series of meetings to review agriculture items operating in the state budget. Besides the $1,418,000 already appropriated for the food plant, the committee will review items including $20,000 to remove the thousand, and $4,500 for improving the state union health care.

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Consultant Outlines Co-ed Physical Education Plan

(Chula Vista)

By HAL HODGSON

A new and controversial concept in physical education is formulated in the public schools of the State of California. A physically classified and recreational activities program for girls, known as the co-ed physical education plan, has been developed by the California State Department of Education. The plan, which includes a new series of activities and skills, is designed to meet the needs of both girls and boys.

The plan is based on the idea that girls should be given the same opportunities as boys to participate in physical activities. It includes a variety of sports and recreation activities, such as basketball, volleyball, and swimming. The plan is designed to be inclusive and to provide opportunities for all students, regardless of their gender.

The plan was developed by a consultant, Dr. George Easton, who has been a physical education teacher for many years. He has worked with groups of students to develop the plan and to ensure that it meets the needs of all students.

Dr. Easton emphasized the importance of including girls in physical education programs. He noted that girls are often excluded from traditional boys' sports and activities, and that this can lead to a lack of confidence and self-esteem. He noted that the co-ed physical education plan is designed to provide opportunities for girls to participate in physical activities, and to help them build confidence and self-esteem.

The plan includes a variety of activities, such as basketball, volleyball, and swimming. It is designed to be inclusive and to provide opportunities for all students, regardless of their gender.

Dr. Easton noted that the plan is designed to be flexible, and to allow for changes based on the needs of the students. He noted that the plan is still in development, and that it will be refined and improved as it is implemented.

The plan is expected to be implemented in the fall of 20XX, and will be available to all schools in the State of California.