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Biographical Note on Helmut F. Kaplan

Helmut F. Kaplan has advanced degrees in Psychology (D. Phil.) and Philosophy (Mag. Phil.) from the University of Salzburg, and currently lives in Salzburg. He is one of the very few intellectuals working on animal rights issues in the German-speaking world. His publications include *Philosophie des Vegetarismus: Kritische Würdigung und Weiterführung von Peter Singers Ansatz* (or, *The Philosophy of Vegetarianism: A Critical Assessment and Continuation of Peter Singer's Beginning*), 1988, as well as *Warum Vegetarier: Grundlagen einer Universalen Ethik* (or, *Why Vegetarian: Foundations of a Universal Ethic*), 1989 (both published by Peter Lang, Frankfurt/M.). He has most recently been working on a book on the topic of the Principle of Equality.

HOLY COW

barefoot, pregnant
and soon to be in the kitchen
of your captor

you stand confined,
designed
to sustain your jailor
with your precious milk
and meaty flesh

for you,
sunshine is a hint of light
through the crack
above your head,
wind is but a noise
against the walls
that surround you

the only bee that stings
is the syringe
that shoots chemical nectar
through your veins
to sweeten your price at market

soon, you will give birth
to a calf
that will be taken away
by your executioner
after he wipes his face
from a feast of
flesh and potatoes

when your body is tired
and can produce no more
you will die
at the mercy of those
you have served so well

never knowing that the grass
was greener
along the horizon

Katherine Minott