The purpose of this project is to create a course workbook for AGED 220 Youth Agricultural Conferences that will serve as a resource for students planning a workshop for the California FFA State Convention.

This project will benefit students enrolled in this class as it is a complete guide to creating a workshop from the ground up. Students will have a resource providing all essential materials and guidance for implementing a flourishing workshop.

Designing a workshop requires a considerable amount of time and commitment, but with this handbook, the class will be easier for students to navigate.

During the California State FFA Conference, FFA members are given the opportunity to participate in workshops. These are short, 50 minute workshops that help promote premier leadership, personal growth, and career success (CalAgEd). Workshops are a “mode of teaching practical skills and problem solving or raising awareness by drawing on experimental learning principles” (Horsfall and Cleary, 2008).

Workshops are led by a facilitator or co-facilitators whose responsibilities are to move things forward and guide participants to apply the knowledge and skills they learned during the workshop. The key to effective facilitation is that leaders and participants are equals. In applying this principle, facilitators and partakers share in the discussion equally, creating a beneficial learning experience (Seeds for Change, 2017).

Creating a handbook for the AGED 220 Youth Conferences class required proper planning and adequate resources. At the beginning of the planning process, Cal Poly faculty were contacted through individual messages to assist in the assembly of the workbook.

Dr. De Lay, who has taught the class in previous years, Ms. Freeman, who was currently the instructor of the course during Winter quarter 2017, and Alex Zappulla, the Agricultural Education and Communication Department Graduate student who was assisting Ms. Freeman with the instruction of AGED 220.

The faculty provided helpful resources which included handouts, websites, and other additional information that was of use when building the workbook.