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Cal Poly Provost's Civic Engagement Lecture Series Hosts Internationally Renowned Speaker Dr. Marion Nestle April 30

SAN LUIS OBISPO – Nationally renowned speaker, professor and author of nutrition, food studies and public health Dr. Marion Nestle is coming to Cal Poly. The free and public event is scheduled 7 to 8:30 p.m., Wednesday, April 30 in the main gym of the Cal Poly Recreation Center.

Nestle is known for her interesting and informative perspective examining the interaction of politics, government regulation, science and food. She explores how corporate control of the nation's food system limits our choices and threatens our health.

According to Ann McDermott, director of the emerging Cal Poly Center for Obesity Prevention and Education, the lecture is a riveting guide to the amazing truth about what we are sold by the food industry. "Nestle raises awareness of the contributing social and personal factors that contribute to our national obesity epidemic," said McDermott. "She inspires grass-roots efforts to initiate healthy changes in our selves, our families, our schools and our communities." Nestle is scheduled to take questions from the audience during the lecture.

Nestle has authored books such as "Taking Sides: Clashing Views on Controversial Issues in Food and Nutrition," "What To Eat" (2006), "Safe Food: Bacteria, Biotechnology, and Bioterrorism" (2003), "Food Politics: How the Food Industry Influences Nutrition and Health" (2002), "Pet Food Politics: Chihuahua in the Coal Mine" (scheduled for release in 2008), and "What Pets Eat" (scheduled for 2009).

To learn more about the speaker, visit Nestle's blog at:

<http://whattoeatbook.com/about/public-appearances/>

and visit her broadcasts on YouTube at:

http://www.youtube.com/results?search_query=marion+nestle&search_type

The event is sponsored with the Kinesiology Department and the Emerging Center for Obesity Prevention and Education.

For more information, contact the Kinesiology Department at 805-756-2546.

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