Depression is a serious mental illness that affects many people. So many times we hear about the statistics that back up this statement, but we never get to visualize what depression is. I hope these few images give people a glimpse of what depression looks and feels like, along with letting people affected by depression know that they’re not alone. If you are going through depression right now, just know that the feeling is temporary if you take the right steps toward getting better. You’ll only end up stronger than before.

Drag in San Luis Obispo is something that many people may find easy to overlook despite there being a culture around it. I think politically this city tends to lack support for the LGBTQ+ community. Drag allows people in this group to be loud and proud of their differences from the majority in a creative way.