There are three types of exposure: dermal, inhalation, and ingestion. Dermal exposure is the most common type of exposure for the applicator since the skin is easily exposed when handling pesticides. Inhalation or breathing a pesticide into the lungs is less common, but is still a potential danger to the applicator. Ingestion occurs least frequently with careful applicators, but exposures do occur when users eat, smoke, or drink around pesticides or forget to wash after use. Even though hands and forearms are most subject to exposure, other parts of the body (eyes, abdomen, groin) absorb pesticides more quickly. The eyes and skin can also be badly damaged by the corrosive effects of many chemicals.

Learn more at:
1204 Nipomo Street, San Luis Obispo, CA
(805) 544-1777 ecoslo.org

Funded by the California Wellness Foundation

The Kitchen

All-Purpose Kitchen Cleaner
• Dissolve 4 tablespoons baking soda in 1 quart warm water for general cleaner. Place in a spray bottle if desired. Or use baking soda on a damp sponge. Baking soda will clean and deodorize all kitchen and bathroom surfaces. Excellent for cleaning refrigerator interiors and as a spray air freshener.
• For tougher jobs, mix vinegar and salt together for a good surface cleaner

Scouring Powder
Baking soda or table salt are mild abrasives and can be used as an alternative to chlorine scouring powders. Simply put either baking soda or salt on a sponge or the surface you wish to clean and then scour. Good for pots and pans

Hi! My name is Oscar! I’m a caterpillar. This is my friend Teenie the ladybug. Let’s learn together and have fun!

Harmful chemicals are sometimes used to clean or to get rid of unwanted creatures such as nasty bugs or rats. These chemicals can be dangerous to people, plants and animals. It’s important to keep our homes clean and safe from harmful pests. It’s also important to use chemicals that do not hurt the environment. Explore this brochure with your parent or guardian to learn how important being careful about bad chemicals and the environment really is!

Help Teenie Ladybug locate the words that deal with pesticides and harmful chemicals in the word bank. They can be across, diagonal, down and even backwards!

word bank
bleah bug lawn
insect fungus flea
mold poison tick
roach pest

San Luis Obispo County
Local Environmental Education Program
Household Pesticide Guide and Children’s Activity Page
A project by