Hands on Health Symposium:
Student Research and Creative Endeavors

A Senior Project

presented to

the Faculty of the Kinesiology Department

California Polytechnic State University, San Luis Obispo

In Partial Fulfillment

of the Requirements for the Degree

Bachelor of Kinesiology

by

Jessica Lynn Rogers

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I. “Call for Proposals”

The Hands on Health Symposium theme was conducting relevant research, creating innovative programs and services, and implementing effective education, prevention, treatment, culinary and activity programs; anything along the lines of health relating to humans. Areas included: nutrition, physical activity (and adapted), built environment, injury prevention, healthier lifestyles, etc.

The majors we decided to target were Kinesiology, Food Science and Nutrition, Recreation and Parks, City and Regional Planning, Sociology, Psychology, and Biology. With this in mind I retrieved all email addresses of department heads and faculty and sent out an email letting them know about the future event, and I will follow up further with a website link for them to look at and submit proposals. This email can be seen in Appendix A.

The next step was to prepare a Call for Proposals. I wanted to see how other programs had this section organized, and used it as a starting point for where I should begin. I used the AAPAR’s Get Out! Outdoor & Adventure Education Conference as my main source as how to format. A copy of this can be seen in Appendix B. This gave me a general idea on how to organize my own proposal, and what was necessary to include. I needed an explanation as to what the event was, where it was held and when, the type of submissions we were looking for, and an area for the participant to explain what they would be needing for the presentation. I included the deadline, as well as the follow-up deadline if one was necessary. This is where I also included the types of presentations a participant could choose from, as well as the abstract requirements. It was very helpful to see a model for the Call for Proposals and was a good starting point to get ours written.
II. Directions for Abstract

AAHPERD Research Consortium was referenced for the structure of the abstract submission. Again, this was mostly to see the format and what information is necessary to include to the applicants. The abstract form I referenced can be seen in Appendix C.

The final abstract asked for the title in ten words or less, presenters contact information, and the body of the abstract in 200 words or less, which should include: the background/purpose, methods/description, analysis/results/outcomes, and conclusions of their project.

A complete copy of our Call for Proposals, as well as the form in which to submit the proposal and the abstract can be seen in Appendix D. We gave the options of several program tracks, as well as the most common program topics we would encounter most in the healthy community.

III. Guidelines for Posters

Poster presenters illustrate their findings by displaying text, graphs, photographs, and diagrams on poster boards. Presenters hold discussions with registrants who circulate among the posters. The poster boards should measure 36 inches (height) by 48 inches (width) or 48 inches (height) x 96 inches (width). We found that with the display in the PAC, the smaller poster size was a better fit.

I had several students email about the posters regarding what their final poster should be on or look like. They were told they can use any type of material, but the board must be able to be taped to the wall. I suggested the tri-fold foam boards. However, they can use one of two printing locations with many poster options located on campus, UGS and Pony Prints.
The students that went through those companies had their poster printed on one big single sheet.

IV. Recruitment

Once the Call for Proposals and Abstracts were finalized, I sent the link as well as an attachment to all faculty and staff in the departments asking them to circulate it to their students. I also emailed the Dean of Science and Math, Dean Bailey, making him aware of the event and asking for his attendance to this event since it is his students work.

I then posted flyers all over campus. I tried to place them in high traffic areas so students would see them often, as well as the buildings of the majors we were trying to attract. The Kinesiology Tower, Faculty Staff Building, and all the science buildings are great places to put up flyers. I would take them to senior project classes to notify students, and ask the professors to tell their classes about it. Any method available to spread the word is necessary to take advantage of. I tried to inform my fellow athletes, as well as any friends that would be able to participate to at least look at the website.

Jack Phelan taught a Kinesiology 470/471 class, and they have potential students that make projects and documentaries who could potentially present at the Symposium. He is a good teacher to contact early so he can inform his students of the possibility of presenting their projects.

Another class to recruit from would be COMS 418 Health Communication. Many of the students have to present about a health topic, and this would not require much work on their part in order to present it at the Symposium. It would also be a great opportunity for them to present their work and feel comfortable doing so.
Once this was done, things were set until a few months before the event. With
summer break interrupting the spring and fall quarters, I had to get the word out before break
in order to reach those students graduating. They were the ones that most likely would have
completed projects to present.

V. Timelines for submissions

The first deadline was July 31st. We had a second deadline in mind if spots were still
available, and this was October 2nd. As that deadline approached, we decided to keep
applications open for those few students who submitted a day or two late. October 18th is
when we went through, and accepted or denied proposals.

When we decided to keep the deadline open, I made new posters with the new
deadline date. I also sent out another email to the professors, making them and their students
aware of the extension. We were very flexible with the ending date to be sure we would get a
good turnout of student presenters.

VI. How to set up sessions

We had 5 oral presentation and 6 poster presentation submissions from the students.
With the 3 hour time for our event, we gave each presenter twenty minutes to speak and
answer questions, and a 5 minute break between each presentation. It worked perfect to be 2
hours, and the remaining hour was designated for the 6 poster presentations. I had each
student stay at their poster to answer any questions to those walking by and reading.
It was best to have them there because most people wanted to talk with them about their
research and results, as well as ask several questions.
VII. Weeks before Event

I once again emailed Dean Bailey to remind him of the upcoming event, and how his attendance would be appreciated.

I created and posted more flyers around campus inviting the students and staff to learn more about the student research going on around campus and to attend the event. This poster was made to catch the eye of those passing by, so it was large font with not as much information. I just gave the event, time and place and invited them to come see their peers work.

I met with Dr. Hey a few times to discuss where to place posters after the student presentations. They wanted them to be displayed over the weekend in the PAC balcony. We also discussed how they will be set up in the Auditorium, as well as how they will need to be displayed after. We had to use the blue tape to hang them in the Auditorium. On the PAC balcony, there were wire screens, so we used poster clips to hang them. This was easy to set up and take down, as well as an easy way to make it look organized.

I went through the submitted student proposals, which were in Melody Pietsch office. I arranged a time with her that she was available to give me the binder so I could read over the proposals. After confirming which ones were accepted, I immediately organized a letter with their acceptance and what to do the day of, including the times they were needed and where to be. There is a copy of the oral presentation acceptance letters in Appendix E and the poster presentation letters in Appendix F.

Melody printed the address labels with the Hands on Health logo to put on the envelopes for the student letters. She also printed the letters for me after putting the
letterhead on them. It should have been able to be done by me, but the letterhead was changed from the original I was sent, and she needed to fix the logo.

As well as sending out the letters, I emailed the student presenters. This way I was sure they got the information in a timely manner. I attached the letter addressed to them in the email. If for some reason the letter got lost in the mail or arrived late, they would still receive it and have ample time to prepare for the day of the event.

VIII. Days before Event

I had to ensure the Auditorium would be set up for the day of the event. After deciding the layout of the room, we needed chairs, a podium, and projector available for our use. If the presentations are in Chumash Auditorium again, this should all be readily available, but double check with either Melody or Dr. Jankovitz a few days before hand.

I checked out a laptop from Media Distribution Services on campus. They dropped it off at the auditorium so I did not have to worry about that the morning of. I brought my own personal laptop just in case it was not there on time or there was a problem with it.

I was told to use only the blue tape to hang posters, which can be found at the University Union information desk the morning of the Symposium. We ran out of the blue tape. When we asked for more, they gave us black tape, which we were able to use because we were not taping to anything that could be ruined.

I emailed the student presenters, reminding them of the date of the Symposium and what time I needed them to be there. There were two separate emails for oral and poster presentations since their events were separated.
IX. Day of Event

We had the middle section of Chumash Auditorium from 9am-12pm. We had a podium in front of the stage, and 20 chairs. In the back near the entrance, we had space for posters to be hung without disturbing the speeches. Oral presentations were 9-11am and posters from 11am-12pm. I invited the poster presenters to come at 9 to watch the oral presentation, but if not able to be there by 1030 to hang their posters, but to be quiet and respect the speeches that would going on.

The oral presenters were told to arrive around 8:30 am so that I could put their speeches on the laptop from their USB drives. If for some reason a student needs to use their own laptop, check with the technician workers as to how it needs to be set up.

The layout of the auditorium was fairly simple. We had trouble with the initial projector, so we had to place the laptop on a table in the back of the room. I was nervous how that would work, but the speaker had a remote to change the slides at their own pace of speaking.

I had the student speakers sit off to the side. After they presented, some went into the audience to watch their fellow peers presentation. I put them to the side so they could practice and were easily able to get to the podium from their seat.

I had 2 people as a volunteer staff for this event. When they arrived, I was not sure where I could use them. As soon as the event was about to begin, I found places for them. I had one operate the laptop to change between presentations, and the other was assisting students in hanging posters. Students doing poster presentations were showing up during presentations, but I was introducing speakers and keeping that in order. I wanted them to
have some guidance as to where to hang posters and how, so the volunteer was very helpful
in keeping it organized.

Promptly at 9am, I welcomed and thanked the audience for coming, and introduced
the first speaker. After that I introduced each speaker, and at the end thanked everyone for
their attendance, and the student presenters for their participation.

At noon, we had to transfer posters to PAC balcony for display. I had the students
take down their poster and remove all tape. We then walked over as a group and I showed
them where to hang them, which they did themselves.

X. Recommendations for Future

It was great to have the students presenting recruit audience members. A lot of their
friends came by, and told their friends of it. The turnout was much better because of that.
We had a few people attending other lectures walk in during the poster session and talk with
the student which was great.

For the oral presentations, 20 minutes worked well, but if you need to cut it down to
15 minutes, I don’t think that would be a problem. Most students finished at 10 minutes so
we had a very long break between. If someone wants to request more time, I think that could
work as well.

You won’t have much control, but the time of year was hard. It was Halloween
weekend, so a lot of students left, and with it being so early in the Fall quarter, many students
graduate and leave in June, and they have the completed senior projects. Fall there are many
who are still in progress with projects. This is what made it important to get emails out in
Spring. That way those current students could have the opportunity to come back and
present. A good time of year to try this might by Poly Royal weekend. A lot of students are on campus, as well as students touring and seeing what Cal Poly is about.

I was unable to get one, but if you can email dept heads and ask for the email alias list for senior project classes, that could be a very good way to advertise and recruit. If not then you can ask the dept head to send out the email for you to everyone in the dept.

XI. Acknowledgements

I would like to thank all of the faculty that gave me advice and helped me with organizing this project. Thank you to Peggy Rice, Elena Keeling and Brian Greenwood with the guidance in where to start. Thank you to Melody Pietsch and Dr. Hey for all the much appreciated help in the days before the event.

Thank you to all the students who participated. You are the people that made this event a success. I truly appreciate your participation and hope you enjoyed sharing your research.

And lastly, thank you to Dr. Jankovitz for advising me. She helped me put together the Call for Proposals as well as Abstract, and was a great help with the whole process.
Appendix A: Sample E-mail to Professors and Students
Subject: Student Research and Creative Endeavors Symposium in October

Hello <PROFESSOR>,

My name is <YOUR NAME>. I am a kinesiology major and my senior project is to plan a student research and creative endeavors section for the Hands on Health Symposium taking place at the end of October. I am recruiting students to submit their work and join us in presenting it at the Symposium.

This Symposium is an opportunity for your students to display and present their research, information or creative endeavors relating to the Symposium themes. Completed projects as well as those in progress are encouraged to participate. This is NOT a competition.

This information will be posted on our website soon, but I wanted to get the word out to you before your students leave for summer break. This way we can hopefully spark an interest and recruit as many students as possible.

Please share this with your students, and even graduates or those planning to graduate in June. I will follow up soon with an email that includes our website link as well as the Call for Proposals.

Thank you,
<YOUR NAME>

After this original email I sent in May, I followed up with one that had the website as well as the Call for Proposals and Abstract attached.

I sent it to department heads as well as faculty, just hoping to get it circulating.

Since email is a formal use of communication at Cal Poly, this is a great start to getting word out.
Appendix B: AAPAR Call for Proposals Used as Reference
The conference will provide winter outdoor and adventure principles and practices that professionals can put to use immediately. Participants will include physical educators, teacher preparation instructors, undergraduate and graduate students, ski/snowboard instructors, outdoor/recreation specialists, and community leaders (such as youth-organization staff) who want to lead winter outdoor pursuits.

**Presentation Options**

1. **Classroom-Style Sessions:** 50-minute sessions with a 10-minute question-and-answer period.
2. **In-Depth, Hands-On Workshops:** 3- to 4-hour workshops to be held outside.

Presentations for the 2009 Get Out! Conference in Laconia, New Hampshire, have been categorized into the following areas. Proposals are now being accepted for presentations in the following categories:

**Teacher Development:** Academic courses and other educational opportunities designed to prepare teachers and future teachers to provide instruction in winter outdoor and adventure education; college curricula that address teacher preparation in winter outdoor and adventure education; programs designed to prepare winter outdoor and adventure education leaders; and information that addresses state and national standards through winter outdoor and adventure education.

**Winter Outdoor and Adventure Education Programs:** School programs focused on winter outdoor and adventure education; winter outdoor and adventure education programs in organizations outside of schools; and winter outdoor and adventure education training programs.

**Logistics:** Trip planning; procedures for dealing with special situations in the field; development of partnerships/agreements with land management agencies; and leadership of students and participants in the field.

**Inclusion:** Winter outdoor and adventure education programs for all ages and abilities; program planning for at-risk youth; educational programs to prepare teachers and future teachers for inclusive winter outdoor and adventure activities; and inclusion in organizations outside of schools.

**Risk Management:** Addressing risk management issues in winter outdoor and adventure education; development of risk management and emergency action plans; and liability issues in winter outdoor and adventure education.
Outdoor Skills: Strategies and techniques for teaching winter outdoor skills; incorporating winter outdoor skills into the school curriculum; and use of winter outdoor skills to promote individual development and learning outside of schools.

Philosophical and Historical Aspects of Winter Outdoor and Adventure Education: Historical perspectives on the development of winter outdoor and adventure education and philosophical perspectives on the value of winter outdoor and adventure education in societies. Note: Proposals should be designed for a 20-minute presentation followed by a 10-minute Q&A. Two presentations in this category will be scheduled within the same time block, and presenters will share the allotted time equally. Efforts will be made to schedule related topic presentations within the same time block.

SUBMITTING A PROPOSAL
Applicants may not submit more than two proposals. All presenters must be registered for the conference and must pay all conference fees.

Important proposal/abstract dates:
Final reception date: May 29, 2009
Acceptance notification: June 2009

Instructions for preparing proposals:
1. Ensure that your abstract is grammatically correct and free of typographical errors.
   - The font size must be 12 point Times New Roman
   - Use single spacing for all text

2. The abstract should be structured using the following format:
   Page 1:
   - Title of the work
   - Author(s) and Institution(s) (Place an asterisk * after the name of the author presenting the paper)
   - Address, telephone (home and office), fax, and email address of the presenting author
   - Preference of presentation format: (oral, lecture, hands-on, interactive, roundtable, panel discussion)
   - Presentation topic area (see Conference Topics on page 1 and 2)
   Page 2:
   - Title of the work
   - Preference of presentation format: a) oral (lecture, hands-on, interactive, roundtable, panel discussion).
   - Type of session for which you wish to present (60-minute session or 3- to 4-hour in-depth workshop)
   - Presentation topic area
   - Indicate “work in progress” if applicable
   - Description (maximum 400 words)

For all proposals, the committee will consider the following:
- Problem/rationale/hypothesis/purpose is clearly stated
- Background information/theoretical framework is adequate
- Program procedures or research methods (design and data analysis) are clearly described
  - Results/conclusions/discussion/arguments are clear and justified
  - Relevance to conference topics and conference purpose

Means of submission
Proposals must be submitted as MSWord attachments to the email address: cneumann@aahperd.org. Proposal must be received no later than May 29, 2009. Receipt of the proposal(s) will be acknowledged electronically as soon as possible. If you do not receive acknowledgment within fifteen days, please contact Christopher Neumann at AAPAR.

SEND INQUIRIES TO:
Christopher Neumann
Senior Program Manager
American Association for Physical Activity and Recreation 1900 Association Drive Reston, VA 20191 cneumann@aahperd.org
703-476-3455
Appendix C: AAPHERD Abstract Used as Reference
Specific Requirements for Abstracts

(NOTE: You may wish to print this information for reference during your submission.)

- **Review Category:** Select the one category which most fully encompasses your research topic: Biomechanics; Dance; Exercise Physiology and Fitness; Health; Leisure and Recreation; Measurement; Motor Behavior; Pedagogy; Psychology; Sociocultural; Special Populations; Sport Management/Administration; or Sports Medicine.
  
  NOTE: Should the Review Panel Chair for the selected category determine that a different category would be more beneficial for review of a given submission, the category may be changed and the primary author will be notified via email.

- **Title:** Please keep the title concise, as there is a 10-word limit. Capitalize the first letter of each word in the title except for prepositions of less than four letters and articles that do not begin the title. (For example, do NOT capitalize a, an, the, in, out, by, of, for. DO capitalize With, Among, About.)

- **Keywords:** Choose up to three categories as keywords. (This allows the AAHPERD Convention Office to index presentations for the entire convention into different topical categories for attendees interested in attending all sessions on a given topic.)

- **Presenters/AUTHORS:** Provide the mailing address, telephone number, and email address for each author/presenter. You will need to indicate on the screen whether each author is a “presenting author” or not. You are reminded that individuals may not present on more than two (2) programs, including posters, across the AAHPERD National Convention.

- **Body of Abstract:** The abstract must be 400 words or less. We strongly encourage you to compose your abstract in your own word processor, taking full advantage of its ability to count words and to check spelling. *There is no required font size or type since accepted abstracts are published in RQES and will be formatted by AAHPERD according to the publication’s guidelines.* The abstract must be submitted with the following headings:
  1. Background/Purpose
  2. Method
  3. Analysis/Results
  4. Conclusions

  Do not include tables or charts as they will not be published in the RQES Supplement.

- Click [HERE](#) to begin an ABSTRACT submission.
Appendix D: Hands on Health Call for Proposals
CALL FOR PRESENTATIONS!
Researchers, Clinicians, Practitioners, and Students

Deadline for submission is Friday, July 31, 2009

The emerging Center for Obesity Prevention and Education has issued a Call for Presentations for our first annual two-day HANDS on Health 2009 community-wide event.

Researchers, clinicians, practitioners and professionals conducting relevant research, creating innovative programs and services, and implementing effective education, prevention, treatment, culinary and activity programs are invited to submit a proposal for presentation. **Presentations will be scheduled for Friday, October 30, 2009 from 9:00 a.m. to 6:00 p.m.**

The Call for Presentations offers an opportunity to share completed or ongoing research, projects or programs with the community, academic faculty, and professional peers.

Students are also invited to submit a proposal for the Student Research and Creative Endeavors section. This section will allow undergraduate and graduate students to share their research or creative endeavors at the symposium. Students will have the opportunity to share their ideas about research, practice their presentation skills, and interact with students, faculty, professionals and community members. The topics must be related to themes of the Hands on Health 2009 Symposium. All majors are invited
to submit a proposal to present. The Student Research and Creative Endeavors section will take place on Friday, October 30, 2009 from 9am-12pm.

**Deadline for submission is Friday, July 31, 2009.**

Symposium attendees will include: exercise physiologists, nutritionists, registered dietitians, health educators, nurses, physicians, researchers, writers, school teachers and administrators, students, and community members of the Central Coast interested in promoting healthy eating and active living to a diverse community population.
Requirements for Presentation Abstracts

Title: Keep the title concise and limited to 10 words. Capitalize the first letter of each word except for prepositions that do not begin the title.

Presenters: Provide the address, telephone number and affiliation/major for each presenter.

Body of Abstract: The abstract must be 200 words or less and prepared in MSWord using 12 point font. The following subheadings may be included:

Background/Purpose: This is an introductory statement about your topic or the research being reported.

Methods/Description: This is a summary of the key points and an overview of the topic, program or research.

Analysis/Results/Outcomes: This section should provide key results, findings or outcomes.

Conclusions: The conclusion should be brief and should reflect on the process and possibly state some applications and extensions of the research, projects or programs.

Types of Presentations

Oral Presentations
The presentation will be conducted before an audience. The presenter(s) will provide an overview of their research or program, as well as the methods, outcomes or conclusions about their project or endeavor. Twenty minutes will be provided for the presentation itself and an additional 5 minutes for questions at the end.

Poster Presentations
Posters are a visual presentation of a researcher’s or practitioner’s findings or details of a completed or on-going project or program. Poster sessions provide an opportunity for informal discussion between the presenter and the audience. Poster presenters illustrate their findings by displaying text, graphs, photographs, and diagrams on poster boards. Presenters hold discussions with registrants who circulate among the poster boards. Your poster boards should measure 36 inches (height) by 48 inches (width) or 48 inches (height) x 96 inches (width) and the session for professionals lasts about 2 hours on Friday evening, October 30, 2009. The poster session for students lasts 1 hour on Friday morning, October 30, 2009 between 9:00 a.m. and 12:00 p.m. Presenters are expected to remain by their poster for the duration of the session. Posters will need to follow the guidelines provided on the website.
Demonstrations
Presenters will be allotted 20-25 minutes to demonstrate their project/research or teach something about their project to the audience. There will be 5 minutes at the end of the demonstration to allow for questions.

Panel Discussion
There will be a minimum of 3 panelists to discuss current issue(s) or trend(s) with an audience. Panels will be allotted 50 minutes while taking questions during the session.

Round Table Session
There will be a minimum of 2 tables with moderators. Time will depend based on the number of table topics.

Documentary
A 3-minute slot will be given to introduce the documentary. A maximum of 10 minutes will be allotted to show the documentary. There will be 5 minutes at the end for questions.

If slots remain, a second call deadline will be October 2, 2009

Return Presentation Proposal Abstract and Form as an email attachment to:
cope@calpoly.edu

Click here to access the link for the Call for Presentations Form and Presentation Abstract Form.
HANDS on Health 2009
Call for Presentations

Presenter(s):
_____________________________________________________________
_____________________________________________________________
_____________________________________________________________

Address (Street, City, State, Zip):
_____________________________________________________________
_____________________________________________________________
_____________________________________________________________

Phone: ____________________ Email:__________________________

Program Tracks (check one):
___Best Practices       ___Research
___Experiential/Demonstration    ___Current Trends and Issues
___Innovative or Outside the Box ___Continuing Education

Program Topic (check all that apply):
___Adapted Physical Activity       ___Lifetime Fitness
___Health                        ___Weight Control
___Diet & Nutrition               ___Disease Prevention
___Exercise                       ___Social-Ecological Influence
___Psycho/Social Aspects of       ___Built Environment & Health
    Physical Activity         ___Recreation & Leisure
___Human Performance

Program Type (check preferred):
___Oral Presentation       ___Panel Discussion
___Poster Presentations   ___Round Table Discussion
___Demonstration         ___Student Documentary or
___Workshop                   Creative Media

Presenter:
___Professional       ___Student       ___Faculty/Staff

AV Equipment Needed:    ___Laptop       ___Projector       ___Flip Chart/Easel
Presentation Abstract

Title: (limited to 10 words)

The abstract is limited to 200 words or less and prepared in MSWord with 12 point font. Subheadings may be included and should be underlined.

Presenters: Provide the address, telephone number, email address and affiliation/major for each presenter. The first presenter listed will be the primary contact for the proposal.

Deadline for submission is Friday, July 31, 2009.

Please return Call for Presentations Form and Presentation Abstract as an MSWord email attachment to: cope@calpoly.edu
Appendix E: Student Research Oral Presentation Acceptance Letter
October 19, 2009

Dear <STUDENT>,

Thank you for your presentation proposal titled “<PROJECT TITLE>” for the HANDS ON HEALTH event at Cal Poly on October 30-31, 2009. This letter is confirmation that your proposal has been accepted.

Your oral presentation has been scheduled for Friday, October 30, 2009 at 10:40-11:00 in the University Union, in Chumash Auditorium, Room 205.

You have 20 minutes allotted for your presentation which includes a time for questions or comments at the end of your presentation. We have many presenters scheduled and all presenters will need to adhere to the time allotment for their presentation so that the Symposium remains on schedule.

It is suggested that you arrive at 8:45 with your project on a flash drive so that you can download it onto the laptop ahead of time, that way the presentations can run smoothly.

The HANDS ON HEALTH Symposium will open to the public at 8:00AM on Friday, October 30, 2009. Registration will also begin at 8:00AM at various locations. Please report to your venue and look for a helper in a bright orange shirt to direct you to where you will set up.

Each venue differs, but all will have a laptop computer, data projector, screen, and microphone system for your use. If you have concerns regarding software compatibility issues between your presentation flash drive and our equipment, you may want to bring your own laptop to use when presenting.

This packet includes all the information you will need for the day of the event. If you have any questions, please feel free to contact Dr. Jankovitz.

Thank you so very much for participating in the HANDS ON HEALTH event.

Sincerely,

Jessica Rogers
Jessica Rogers, Student Coordinator
Hands On Health
Student Research & Creative Endeavors Sessions

Kris Jankovitz, Ph.D.
Associate Professor
Faculty Advisor; Student Research & Creative Endeavors Sessions
kjankovi@calpoly.edu
Appendix F: Student Research Poster Presentation Acceptance Letter
October 19, 2009

Dear <STUDENT>,

Thank you for your poster presentation proposal titled "<PROJECT TITLE>" for the HANDS ON HEALTH event at Cal Poly on October 30-31, 2009. This letter is confirmation that your proposal has been accepted.

Your poster presentation has been scheduled to be displayed Friday, October 30, 2009 at 11:00am-12:00pm in the University Union, in Chumash Auditorium, Room 205.

Please remember to adhere to the research poster guidelines. Posters should be no larger than 36” (3 feet) by 56” (4’ 6”). Event coordinators will have materials to mount or hang your poster. If you have any special needs, questions, or concerns prior to the event please direct those to Dr. David Hey at 805-756-5693.

Please arrive at 10:30 a.m. on Friday to set up your poster, but please be sure to do it quietly because student oral presentations will still be going on in Chumash Auditorium at that time. We would like to invite you to come at 9 a.m. to set up your poster and stay to listen to the oral student presentations. Please do encourage your friends and instructors to attend the student presentations.

When you session is over at 12:00 p.m., you will need to move your poster to the Performing Arts Center Balcony Lobby so that it may be displayed for the remainder of the Hands on Health Symposium on Friday and Saturday. All posters will be collected after the Symposium, and you will be able to retrieve it from the Kinesiology Office (43-453) the following week. Posters not retrieved by November 6, 2009, will be discarded.

The HANDS ON HEALTH Symposium will be open to the public at 8:00 a.m. on Friday, October 30, 2009. Registration will also begin at 8:00 a.m. at various locations. Please report to your venue and look for a helper in a bright orange shirt to direct you to where you will set up.

This packet includes all the information you will need for the day of the event. If you have any questions, please feel free to contact Jessica or David at numbers below.

Sincerely,

Jessica Rogers
David W. Hey

Jessica Rogers, Student Coordinator
Hands on Health
Student Research & Creative Endeavors Sessions
Email: jroger00@calpoly.edu

David Hey, Ph.D., CHES
Assistant Professor
Faculty Advisor: Student Research Poster Sessions
Email: dhey@calpoly.edu
Phone: 805-756-5693
Appendix G: Example Flyer from CSM Student Research Conference
CSM
Student Research Conference
Friday, May 15th, 2009
Posters and Oral Presentations

Back this year:
Poster Reception, Thursday May 14 from 7-9 PM

All students are encouraged to participate!

Registration:  http://ocean.physics.calpoly.edu/csm/
Registration Deadline:  Friday, May 1st

Poster Workshop:  Thursday, May 7th
Fisher Hall Museum (33-285), 5:15 PM

For more information, contact
Dr. Elena Keeling at:  ekeeling@calpoly.edu or
Dr. Peggy Rice at:  mrsrice@calpoly.edu
Appendix H: Symposium Flyer
The emerging Center of Obesity Prevention and Education’s 
First Annual Community-Wide Collaborative Symposium: 
"HANDS on Health 2009"
Student Research and Creative Endeavors

October 30th, 2009
California Polytechnic State University
San Luis Obispo, California

All students are encouraged to participate!

Present your Research, Creative Endeavor, Project or
Program with
☐ Oral presentation    ☐ Panel Discussion
☐ Poster Presentation ☐ Round Table Discussion
☐ Demonstration      ☐ Documentary

Research should be related to the themes of the Hands on Health Symposium

Registration: http://versions.nineteen26.com/symposium/home.html

Deadline: October 2\textsuperscript{nd} (will accept proposals after deadline until spots fill)

For more information, contact:

  Dr. Jankovitz: kjankovi@calpoly.edu  Phone: 756-2534

  Dr. Hey: dhey@calpoly.edu  Phone: 756-5693